



Prince George Quilters' Guild

Newsletter

Prince George Quilters' Guild, 1491 17th Ave. Prince George, BC
V2L 3Z2 (Connaught Youth Centre)

*"To bring ideas and learning experiences to our members, to bring the joy of quilting to the public,
and to upgrade the standards of quilting."*

Revised: "and to spread some smiles when we need it most"



Next Executive Meeting: ZOOM MEETING 7:00 pm Tuesday, February 16th, 2021

Next General Meeting: Tuesday, Sometime in 2021

Doors Open 6:00 pm Meeting starts at 7:00 pm

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www.facebook.com/pgquiltersguild

www.princegeorgequiltersguild.com



Make Valentine's Day about
all kinds of love...
not just the love between couples.

Remind your parents
that you love them.
Remind your siblings
your friends.

Volunteer your time.
Adopt a puppy.
Put a smile on someone's face.
Bring comfort to someone
who is hurting.

Bake something.
Call an old friend.
Do something that makes
you feel alive.

And if you accomplish
all of this...
eat chocolate.



MESSAGE FROM THE PRESIDENT

Hi Everyone,

February is here! Happy February and the last bit of Winter. The days will get longer and warmer. As I type this we are in for a cold front this weekend.

Have you signed up for the Zoom Retreat yet? It should be an awesome time to see everyone. Yes, it's through a computer screen but just think you can wear Pajama Pants all day and who will know! There should be lots of laughter and sharing which will be fun.

Have you started on your Mystery Blocks? That is my goal this weekend. I can't wait to begin.

Stay warm everyone, Happy Sewing, hope to see you at the Zoom Retreat!

Theresa



MESSAGE FROM THE EDITOR

February.... Hmm, Well, first there was Groundhog Day. Good news! On Feb 2nd the Groundhog did not see his shadow, so an early spring is predicted. Woo hoo!!

Groundhog Day. It has felt like at times we're all living the same day over and over again, however Groundhog Day also shows us that the monotony ends. The cycle will be broken. We're all looking forward to that!



Now Valentines Day is upon us. I used to think that Valentines Day was just another one of those cheesy Hallmark Holidays created to sell cards and chocolates and roses. Well, it turns out (according to my sources) that there is some interesting history behind Valentines Day. Check out page 10

It's certainly a fact that we could all use a few more warm fuzzy feelings in our lives — especially this year. So, no matter how you choose to celebrate Valentine's Day, be sure to share the Love.

On Monday, February 15th we will celebrate Family Day..... virtually, of course. Have you heard about the Prince George Family Day Adventure Cruise, be sure to check out Page 9!

I hope that this edition of our Guild Newsletter will warm your heart, soothe your soul and bring a smile to your face.

On behalf of the Executive, I wish you all a Happy February!

Stay safe, stay warm, and keep stitching!

We are all looking forward to a time
when we can gather again
to laugh, to share, and to create!

Val Collins

A BIG THANK YOU TO ALL THOSE WHO SUBMITTED THEIR PHOTOS

FOR THE “SEW”-Cial Distance “SHOW AND TELL” SECTION OF THIS NEWSLETTER. Also, a virtual hug to those of you who responded with thank you’s and comments for my efforts in keeping our guild connected through the newsletter. It means a lot to me!

REMEMBER!

THERE IS A PRIZE TO BE DRAWN FOR SUBMITTING YOUR PHOTOS!

For every photo you submit, you get one entry into the draw. **THIS MONTH THE LUCKY WINNER IS Linda Greenwood!**

I will be mailing out a \$10.00 GIFT CERTIFICATE FOR ONE OF OUR LOCAL QUILT SHOPS.

THE NEXT NEWSLETTER WILL BE PUBLISHED ON FRIDAY, MARCH 12TH, 2021.

The deadline for submitting articles and photos and guesses for the MYSTERY SEWING TOOL will be WEDNESDAY, MARCH 10TH, 2021.

A NEW CONTEST!!

WHAT IS THE MYSTERY SEWING TOOL AND WHERE DID VAL HIDE IT?????

Enter for a chance to win a fantastic prize!

You will be looking for a hidden sewing tool, but FIRST you will have to UNSCRAMBLE some letters to lead you to the answer! This month’s hidden tool is

R D D A L E N E T E R E H E

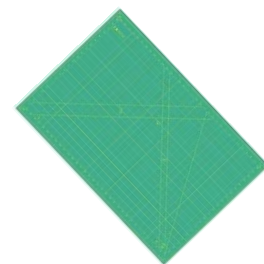
Email Val at pgggcontact@gmail.com or valeriehcollins@hotmail.com to be entered.

REMEMBER TO TELL ME WHAT YOU FOUND AND WHERE!

In the January Newsletter, the unscrambled word was CUTTING MAT

The hidden item was on page 22, behind Tammy Leduke’s Table Runner. There were a few other cutting mats scattered about too. Kind of like my sewing room!

I received 13 answers to the Find the Hidden Notion contest. **The lucky winner was Dawn Quinn!**
Congratulations!! I will be mailing out your prize.



GUILD UPDATE

Exciting things are happening.....although we have been restricted for the last year your executive has been hard at work keeping things moving forward.

In June last year we received a large grant of \$25,000 from New Horizons Seniors projects. This money is to assist the guild with COVID related equipment and activities to help us get back to sewing and socializing, what we love doing most, with the remainder going to Community Gift Quilts program.

- So while we're waiting to get back to sewing together we felt we could help out our senior community by making masks to distribute.
- We put together kits that can be picked up and dropped off at Willow Basket so everyone could be included in helping.
- We assisted CYC with purchasing sanitation equipment for the building making a safe environment for us to come back to eventually.
- We purchased a new computer for the library and retired the dinosaur we have now. A laptop for future programming.
- And a zoom program so we can do more things virtually. Enabling us to learn on-line from teachers all over the world. I know it sounds really techie but it's actually quite simple.
- For our Community Gift Quilts program:
We purchased 2 sit down quilting machines, and extra accessories to go with them, batting, and wideback fabric to finish the quilt tops to be given to the community.

**powerquilter 1600
Stationary Quilter**



But the biggest thing that's happening is that **WE'RE MOVING** and we will have a permanent home for all our new equipment. Same building just a different space.

- The renovations have started.
- The library will have its own new space in the same room.
- We're building cupboards for all the fabric, machines and accessories.
- We will have permanent design walls.
- CYC has given us all the wooden tables out of Kiska Room for us to keep in our new space.
- They are also providing us with enough chairs for our meeting nights to keep in our space for our use.

- The cadets have donated to us a large boardroom table for the kitchen area and 2 desks for the library/office space.
- PG badminton club has given us carpeting for the floor in the library, and the doorway entrance in our room. We will use this carpet for one of the walls to buffer noise that may come from the gym and minimize the echo in this large room.

Renovations should be done by the end of March and ready for use when restrictions are lifted and we can get together again.

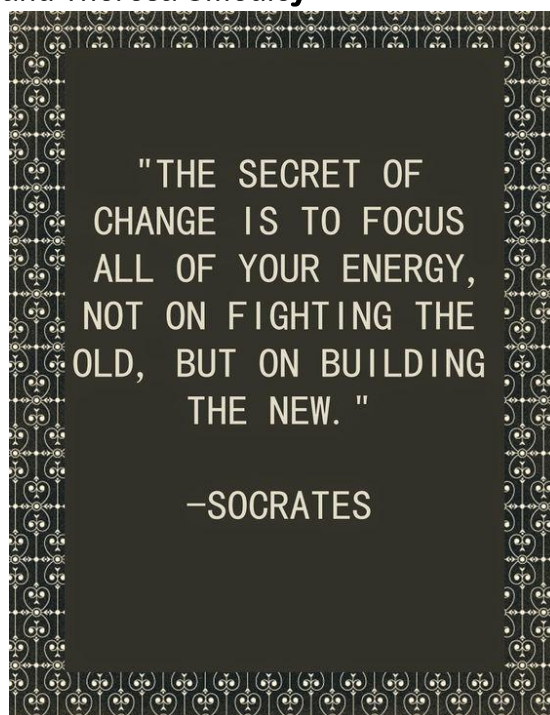
In the meantime, if you are wanting to volunteer some time to help with packing up the guild room and hallway closets, call Barb Friesen at 250-961-6289.

We're working in small groups; preferably people in your small bubble, with no more than 3 or 4 at a time, and masks are required to keep everyone safe.

Once we have everything packed, we will need a few strong volunteers, maybe husbands, to move everything to trucks to be taken to the lower floor. Many hands will make the workload less in the end.

I know this is a lot of change in a short timeframe, but this is a good change moving forward to provide great opportunities for our guild.

Submitted by Barb Friesen and Theresa Smedley



MORE EXCITING NEWS!!

The retreat committee is pleased to announce that we will be hosting a virtual retreat on February 20/21. It will be at no cost to our members. We are missing being able to sew together. Although this will not replace being in person, it will give us the opportunity to see each other, have some conversations and laughs. It will be great to see what each of you are working on. Perhaps give you time to catch up on the QAL that Tammy and Val are providing through this newsletter.

If you haven't participated in zoom meetings, now is the chance to jump in and get connected with others. If you need assistance getting started with zoom, contact Pam @ 250 967-4422 or pgklowak@gmail.com. She will be hosting a little training session with others that need help.

These many months of isolation are not good for our mental health, so please consider taking this opportunity to join up with your fellow quilters. We will have a small door prize each day. But more importantly, your heart will feel good seeing some of your peers.

Please email pgqgretreat@gmail.com or respond to the email sent out to everyone.

Thanks Pam, Tammy, and Barb M



COMMUNITY QUILTS

Dawn Quinn is requesting that those with completed community quilts in their possession to call or email her to arrange for drop off. She is wanting to make sure that anyone that has participated is included in a draw that will be done in the near future.
mdquinn@telus.net

PAYMENTS

The guild has arranged with the bank to have our account accept e-transfers. If you have needing to pay for membership, sewalongs, retreats, etc. you will now be able to e-transfer funds. You will be asked to ensure that you include a description of what the funds are for so that it is easier for Faye to account for our revenue coming in. This is going to be so great for everyone.
pgqgtreasurer@gmail.com



MASKS

A commitment that was made when we received the seniors funds for the pandemic, was to make up masks to be used by the seniors in our community. 200 kits have been made up and are available for pickup at Willow Basket Wed-Sat 10-4. If you can't pick them up then please call Barb Friesen for alternate arrangements. Let's get these done!



EXECUTIVE MEETINGS

The Monthly Executive meetings are being held online via "Zoom". If you would like to join in from your home computer, please contact Pam Klowak. Any member is welcome to attend the meeting; and it is a great way to get to know how the Guild operates and makes decisions on your behalf.
 At this time the Executive has decided to postpone guild events until further notice.

MEMBERSHIP

We now have 75 Members! Thank you to everyone who has registered again this year. These are unprecedented times, and your support is greatly appreciated. I emailed a Membership List to all members as of the end of January. If you know of a person who would like to join, please direct them to our website. I am including the link to the membership form, which is also found on our website under the forms tab. <https://www.princegeorgequiltersguild.ca/forms>

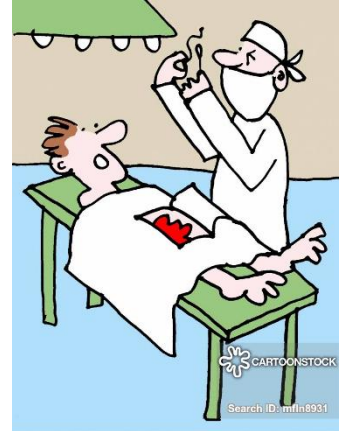
You can now mail the forms to – Val Collins
 2667 Links Drive
 Prince George, B.C. V2K0A5

Please make cheques payable to the PG Quilters Guild. If you are unable to print off the form, please email Val Collins at valeriehcollins@hotmail.com to let her know that you wish to renew.

NEWSLETTER

- If you have newsletter items or suggestions for articles, OR
- If you wish to Buy or Sell Quilting Related items, please send the information in to me by Wednesday, MARCH 10TH 2021
- If you know of someone who is unable to get a copy of our newsletter, please help them out by printing it out for them or let me know and I will make arrangements to send it to them.

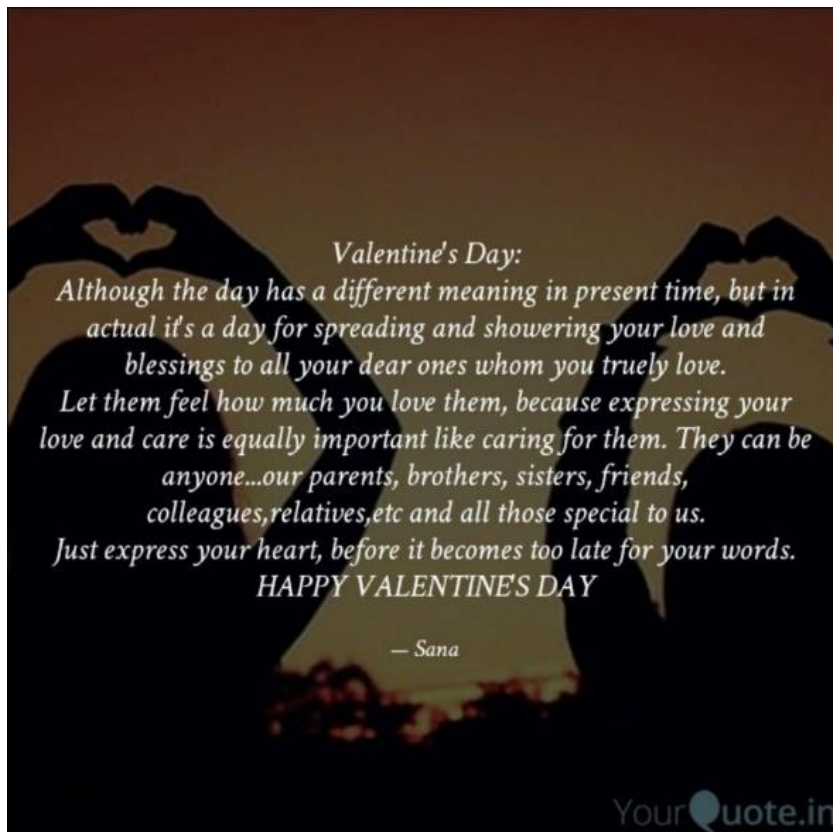
The Next Monthly Newsletter will be sent out on March 12th 2021.



"For goodness sake, lick the thread!"

PLACEMATS

I am collecting any place mats for the Meals on Wheels seniors program. Let Linda know and we can make arrangements to collect them from you. They are in need of place mats for men especially but any will do. The place mats do not have to have a Christmas theme on the back of them. Thanks ladies, for your ongoing support for this much appreciated project. Linda Kineshanko gordonak@shaw.ca



FREE FOR EVERYONE!
Fun and safe event for families, helping to create good memories for kids through the pandemic.

PRINCE GEORGE
FAMILY DAY ADVENTURE CRUISE
FEBRUARY 15TH 2021
11:00AM - 4:00PM

A CITY WIDE ADVENTURE WITH BIG PRIZES FOR THE WHOLE FAMILY!
More information and how to participate on the Family Day Adventure Cruise on Facebook

#PGADVENTURECRUISE

PARTNERED WITH


















MEDIA PARTNERS




A FREE, fun, family friendly, safe and city wide experience that has big pay offs! No registration required just download and follow our Adventure Card as it leads you on a quest to get as many (or as few) of the 25 activities completed as you can in 5 hours.

The Adventure Card will be posted at 10:45 am on Feb 15th with all the activities (to ensure no cheatsy-doodles). These activities will take you all over the city as you capture photos, complete tasks and pick up free giveaway items.

To ensure that everyone in Prince George can take part most activities can be completed by using public transit, walking and only a few can only be done by car.

To be entered to win some amazing prizes print or download the Adventure Cruise Card (updated weekly), mark the card when you complete challenges on Feb 15th.

Take pictures and post them (and a copy of your filled card) to Instagram or Facebook before 10am on February 16th with the #pgadventurecruise. Winners will be drawn from different categories (completed card, partial card, best photo, random photo draw and more!).

<https://www.facebook.com/events/1810802272403713/>



THE HISTORY OF VALENTINES DAY

It's always a good idea to check more than one source, so that's what I did.

From Wikipedia: Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine, is celebrated annually on February 14. It originated as a minor Western Christian feast day honoring one or two early Christian martyrs named Saint Valentine and, through later folk traditions, has become a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.

There are a number of martyrdom stories associated with various Valentines connected to February 14, including an account of the imprisonment of Saint Valentine of Rome for ministering to Christians persecuted under the Roman Empire in the third century. According to an early tradition, Saint Valentine restored sight to the blind daughter of his jailer. Numerous later additions to the legend have better related it to the theme of love: an 18th-century embellishment to the legend claims he wrote the jailer's daughter a letter signed "Your Valentine" as a farewell before his execution; another addition posits that Saint Valentine performed weddings for Christian soldiers who were forbidden to marry.

The Feast of Saint Valentine was established by Pope Gelasius I in AD 496 to be celebrated on February 14 in honour of Saint Valentine of Rome, who died on that date in AD 269. The day became associated with romantic love in the 14th and 15th centuries when notions of courtly love flourished, apparently by association with the "lovebirds" of early spring. In 18th-century England, it grew into an occasion in which couples expressed their love for each other by presenting flowers, offering confectionery, and sending greeting cards (known as "valentines").

From Sillipedia:

So there was this church dude, called Valentine, who lived in Rome a really long time ago. I think maybe like even around the year 250 or something. He died on Feb. 14th, 269. I don't know why, but I can really remember that date.

So, like... anyhow, this guy Valentine, he was called sort of like a marter or martyr or something, not really sure what that means. Not murderer though. I'm pretty sure about that. But whatever....

He had been put in jail because he felt bad for his buddies who weren't allowed to get married or even hook up with their ladies. The mean government just wanted all the dudes to go to war! So this guy Valentine, well he didn't think that was cool, so he decided to just perform weddings and stuff anyhow. So when the government found out, they threw him in jail. While he was there, a cute chick who was blind came and visited him in jail, and a really rad thing happened.... She wasn't blind anymore! Seriously! So, well, since she was the daughter of Valentine's jailer, he thought, well, I should send her a love letter to thank her for visiting me and stuff. And I'm pretty sure I'm not getting out of here anytime soon! So, he did, and he signed it, "Your Valentine". Anyhow, he still got killed. On Feb. 14th. But we can remember how cool he was every year, by sending our buddies valentine cards and chocolates and flowers and stuff.

The End.

(I hope you had a chuckle!)

MEMBER TO MEMBER

Diane Sales has generously shared a number of Free Valentines Day patterns. Maybe spend your weekend diving into one of these fun projects!
Due to copyright restrictions, I am providing links to a few of the sites.

<https://www.paperpanache.com/>
<https://www.ilovetomakequilts.com/>
<https://www.freespiritfabrics.com/>

If you would like the complete list, please contact Val.

This popped up on my Newsfeed recently, and I wanted to share it with you. Check out her method for folding and storing your fabrics. I'm obsessed with this! Fabric therapy!

<https://www.youtube.com/c/SewVeryEasy>

SewVeryEasy is hosted by Laura A. Coia. This is an educational & entertaining channel, sharing tips & techniques on quilting, sewing & crafting, with the hope of inspiring

people to spend more time sewing. Great for the novice, as well as experienced sewer. Videos are posted each Tuesday & Thursday at 2:00 p.m. & Laura explains things so well, that she really does make sewing/quilting "so" very easy.

Folding your quilting and sewing fabric all the same size will help you see what you have and will help you store it neatly. One long ruler will keep your fabric folding neat, easy and handy. Looks great too.



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 250-562-3888
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Web: willowbasketquiltingshoppe.ca

Facebook: Willow Basket Quilting



Thread Sale

Buy 2 get one 1/2 Price
 Buy 3 get one Free of Same Brand
 % will be taken off lowest price

Selected Children Fabrics
 We have selected fabrics on our sale shelves at 25% off.

Zoom / Retreat— Who would have put those two words together? February 13th & 14th. 9am to 7pm. Zoom in with us and share some fun! We will have a scrappy mystery project, games, sharing and laughs. Email us at the shoppe and we will send an invite to our 1st Zoom Retreat. Cost is \$10



FEBRUARY BIRTHDAYS

Happy Birthday to our February Birthday Ladies:
Faye Jarabek, Lorna Ogilvie, Lorraine Mathison and Trudy Hood.

If I have missed anyone, please let me know!



MYSTERY QUILT ALONG BLOCK OF THE MONTH

December and January blocks:
Four Patch Chain, Handy Andy, Red Cross, Cat's Paw, and Grandma's Favorite

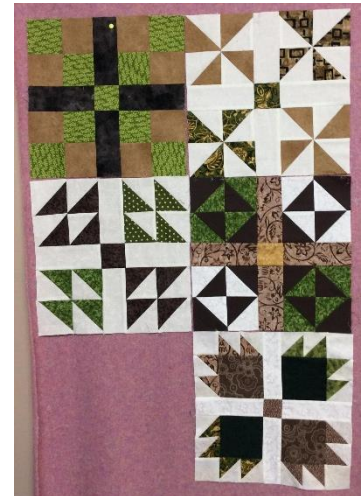
Trudy Hood



Tammy Leduke



Barb Friesen



Joan Vogt



Faye Jarabek



Lorraine Mathison



Val Collins

STAY TUNED EACH MONTH FOR YOUR NEXT INSTALLMENT!

Are you having any problems with the Block of the Month?

HERE ARE A FEW OF MY FAVOURITE TIPS WHICH MIGHT HELP.....

ARE YOUR BLOCKS MEASURING LESS THAN 12 ½"

If so, it might be that your ¼ inch seam is a bit on the fat side.

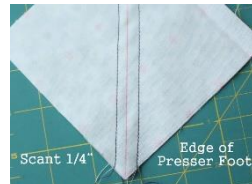
Be sure to stitch a **SCANT** ¼ inch seam.

What is a "Scant 1/4 inch" and why is it important in quilting?

Piecing with a Scant 1/4" seam allowance can make a huge difference in the accuracy and appearance of your finished quilt. Here's what it is and why it matters.

As you know, a 1/4" seam allowance is the gold-standard in quilting. Keeping your seam allowance consistent is an important key to good-looking quilts but using a *scant* 1/4" seam is even better. Typically lining up the edge of your fabric with the right side of your presser foot is a good guide for keeping your seam allowance consistent.

Here are two seams on either side of a drawn line. On the right I just used my regular presser foot with the needle centered. On the left I adjusted my needle one space to the right and still used my regular presser foot.



Here is the difference. On the right you can see that the seam allowance is actually slightly bigger than 1/4" – it falls just outside the 1/4" line on the ruler. On the left you can see that the seam lies just slightly inside the 1/4" line. This is a *scant* 1/4". The reason this makes a difference is that by the time you open up the pieces and fold one side over (when pressing seams to one side) you lose a little bit of fabric real estate, making the pieced blocks slightly smaller. Multiply that by numerous seams and a block can shrink as much as an 1/8 or 1/4 of an inch!

So get out your ruler and measure your seam allowance. Making adjustments may be as simple as moving your needle one notch to the right. But this simple adjustment of sewing with a scant seam allowance will make a big difference in your piecing. *Especially* if you're piecing smaller, detailed blocks.

ARE YOUR BLOCKS WONKY AND YOU CAN'T MATCH UP YOUR SEAMS?

ARE YOUR POINTS CUT OFF?

PRESSING MATTERS!

1. **Press, Don't Iron!** Pressing is the motion of lowering and lifting the iron from the fabric surface. Ironing is the back-and-forth motion of the iron on the fabric. While ironing can pull and distort shapes, pressing allows you to turn seam allowances open or lay them to one side without distorting or stretching the fabric.

2. Press seams flat first. Pressing flat is said to 'set' or 'meld' the stitches, making the stitches shrink up just a tiny bit, helping the thread to disappear into the fabric. It also smooths the fabric flat and removes any tiny puckers.
3. When pressing seams for a quilt block, seams are usually pressed to one side. When possible, press the seam allowance towards the darker fabric and allow the heat and weight of the iron to do the pressing. Avoid moving the iron back and forth vigorously across the surface of your quilt block because the movement will probably stretch them out of shape.
4. Quilters disagree on whether or not to steam-press. It could contribute to stretch, but sometimes steam is helpful. It is a personal preference, as is using spray starch.

MOST IMPORTANTLY, PRESS DON'T IRON!

ARE YOUR SEAMS COMING APART AT THE START OR STOP POINTS OF YOUR STITCHING?

(I don't recommend reverse stitching at the beginning or end of seams on a pieced block, as it adds bulkiness to the seam)

REDUCE your stitch length to 2mm. Usually the default setting on the stitch length is 2.5 which means your machine is stitching 10 stitches per inch. That is a pretty long stitch. It is recommended to use a shorter stitch length for piecing, so just lower your stitch length to 2. This means your stitches will be shorter, and there will be more stitches per inch. The stitches on your seam ends will not come apart as easily.

Changing the stitch length adjusts the feed dogs, which controls how much fabric is pulled through with each stitch. For a shorter stitch length, less fabric is pulled through. For a longer stitch, more fabric is pulled through.

On most sewing machines, the stitch length control indicates the length of a single stitch in millimetres. So a length of 3.0 means each stitch is 3mm long (or just under 1/8"). Stitch lengths typically range from 0 to 5, but can be up to 7, depending on the machine. The stitch length may need to be adjusted for many reasons:

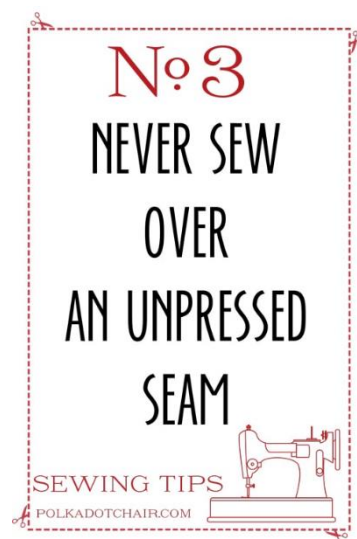
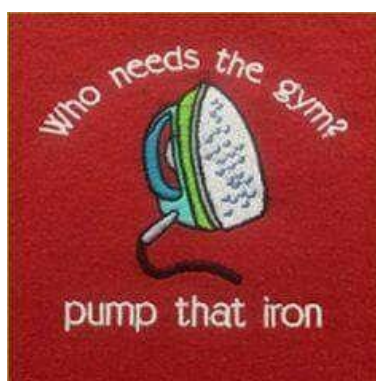
- For *basting*, a longer stitch is quicker to sew, easier to remove (if required) and easier to use for gathering.
- For sewing *leather or vinyl*, a longer stitch to reduces the number of holes punched into the fabric.
- For *top-stitching*, a longer stitch length looks more professional (although this is because ready to wear clothing uses a longer stitch as it's faster to sew!)
- *Lightweight and sheer fabrics* require a shorter stitch length to prevent pulling and gathering.
- A longer stitch works better for *heavier weight fabrics*.

- A shorter stitch results in a *stronger seam*, but a shorter stitch can also shred some fabrics!
- Thick threads need a longer stitch and finer threads need a shorter stitch.
- A shorter stitch length is better for smooth curves - a long stitch may make the curve look angular.
- Don't forget, a shorter stitch is harder to remove. If you're planning on using your seam ripper (ha! is it ever planned??), you don't want stitches that are too small!

What stitch length should I use? Here are some guidelines for the best stitch length to use in different situations:

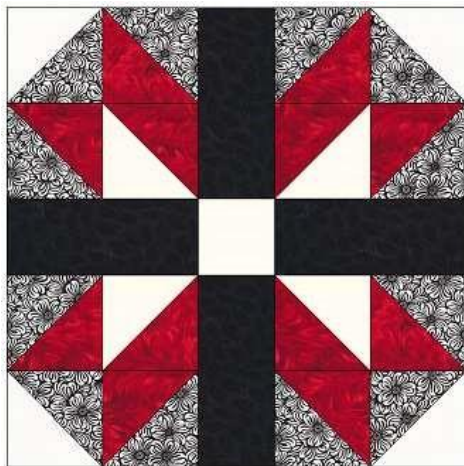
What is the best stitch for:	Suggested Stitch Length (mm)	Stitches Per Inch
Standard Stitch Length	2.5 - 3.0	8 - 10
Basting stitch	5.0 - 7.0	4 - 5
Stay-stitching	1.5 - 2.0	12 - 8
Top-stitching - light/medium weight	3.0 - 3.5	7 - 8
- heavy weight	3.5 - 4.0	6 - 7
Quilt piecing	1.5	16 - 18
Machine quilting	2.5 - 3.0	8 - 10
Free motion quilting	0	maximum

Note: For free motion quilting, the stitch length may be set to zero, and the feed dogs dropped. The length of the stitching is determined by moving the fabric under the needle by hand. These are guidelines only. Always test your stitch on a scrap of fabric and adjust to the fabric.



**THIS MONTH THERE ARE TWO BLOCKS TO WORK ON:
Alpine Cross and Four Patch Snowball**

Alpine Cross for The Prince George Quilters Guild



For a 12 1/2 inch Alpine Cross block (12 inches when sewn in a quilt) you need the following cuts.

For the Diagonal Half Squares (or HST) you need:

Four 3 3/8 inch squares of the white-on-white.

Six 3 3/8 inch squares of the black and white print.

Six 3 3/8 inch squares of the red

For the center strips you need four 5 1/2 by 2 1/2 inch strips of the black and one 2 1/2 inch square of white.

First we will make the diagonal half squares (DHS) or half square triangles, which ever you prefer calling them. You can use which ever technique you want to make them, but this is my favorite.



First, mark your lightest squares diagonally through the center. (This will be a cutting line when you are finished.) Place your black or black and white print 3 3/8 inch square, right sides together with the 3 3/8 inch marked square. Sew on either side of the drawn line, exactly 1/4 inch from the first line. Cut this square in half on the cutting line. Press them all to the darkest fabric, in this case red. You will now have two diagonal half-squares, which should measure exactly 3 inches. Repeat with the remaining 3 3/8 inch squares. Press the remaining DHSs to the print fabric.



Make four units like this,

and then four like this .



Now sew those together into two units which look like this.

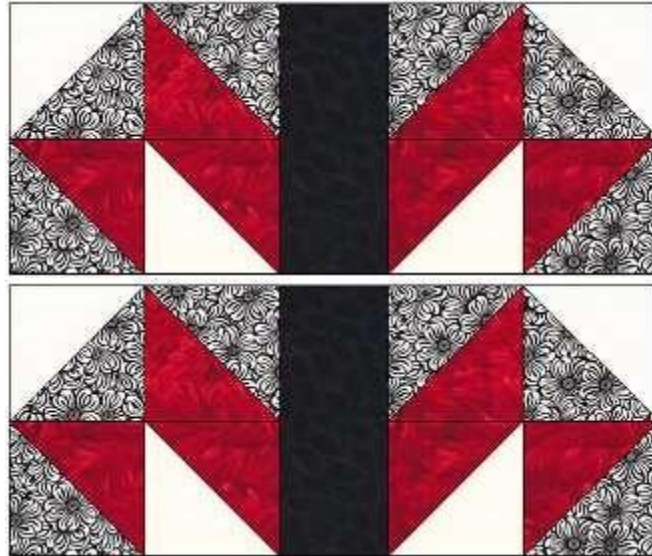
And two units that look like this



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Alpine Cross © December 2010

Now sew a black strip between two of the units you just made. Notice how those units are turned, putting the black DHS in the center next to the red strip. Make two units like this.



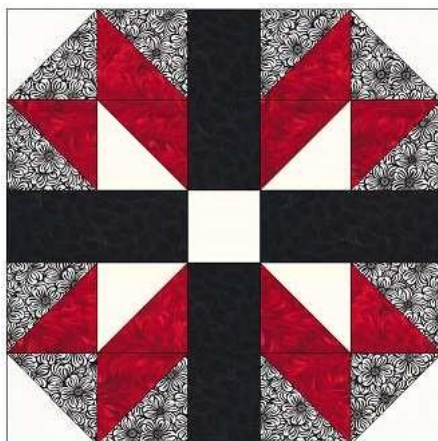
One of those units will be turned around when you put the block together

Sew together the middle row



Assemble following the diagram.

Your Alpine Cross block should measure 12 1/2 inches.



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Alpine Cross © December 2010

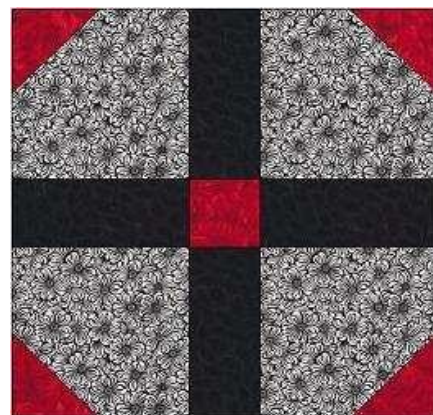
Four Patch Snowball for the Prince George Quilters Guild

For a 12 1/2 inch Four Patch Snowball (12 inches when sewn in a quilt) you need:

Four 5 1/2 inch squares of your background (B&W print)

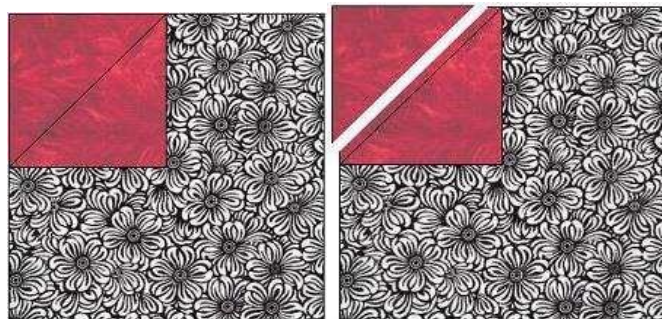
Four 5 1/2 by 2 1/2 inch strips of the black

Four 3 inch squares of red and one 2 1/2 inch square of the red



If you have trouble sewing a straight line, mark a line diagonally from corner to corner on the wrong side of each one of your 3 inch red squares.

Now place a marked red square right side together with a 5 1/2 inch background square. Sew on the line you marked. Then trim leaving a 1/4 inch seam allowance.



Press to the darker fabric. Repeat with remaining 5 1/2 inch squares.

Sew a 5 1/2 by 2 1/2 inch strip of the black between two of the 5 1/2 inch squares as shown. Repeat.



Sew together the middle row

Assemble following the diagram at the top of the page. Your Four Patch Snowball block should measure 12 1/2 inches.

The Prince George Quilters Guild has been given permission to use this block for educational purposes only. This pattern can be used for personal use only and can not be used commercially without the owner's permission. No copies may be made without the owner's permission. This includes the patterns as well as any graphics and/or instructions that are associated with a pattern. Four Patch Snowball © July 2009

PLEASE REMEMBER TO CHECK THE CALENDAR ON OUR WEBSITE FOR ANY CHANGES

1. **Executive Meetings:** 3rd Tuesday of each month. Next meeting: TUESDAY, February 16th, 2021 VIA ZOOM 7:00 PM
 2. **General Meetings:** 4th Tuesday of each month in the Kiska Room
Doors open at 6 pm for coffee and conversation. Registration at 6:30 pm, meeting starts at 7. Next meeting: Sometime soon! 2021
 3. **Sharing Workshop:** Cost is \$5.00. 2nd Saturday of the month (9-4)
Next Sharing day is Someday, 2021 Contact Debbie MacInnis dcmcinnis@telus.net
 4. **Quilters Day Out:** Cost is \$5.00. 3rd Thursday of the month (9-4)
Next Day Out is Whenever we can! 2021 Contact Sheena Stubbs.
 5. **Projects Half Done** Cost is \$5.00 4th Friday and Saturday of the month 9am -9pm
Fridays, 9am-4pm Saturdays In your own home, 2020.
Contact Debbie M. 250-562-9382 or dcmcinnis@telus.net
or Cheryl P 250-563-4466 email cpcpcp@telus.net
 6. **Community Quilts-** 1st Wednesday of the month When we can, 2021.
Contact Dawn Quinn 250-964-8928
mdquinn@telus.net
 7. **Senior Projects-** On hold until next year. Please check the calendar or contact Barb Friesen 250-961-6289 email iquiltbarb@gmail.com
 8. **Embroidery Day Out-** Cost is \$5.00. 2nd Thursday of the month (9-4)
Next date is Sometime soon.....2021
Contact Amy Ali 250-877-6100, cell 250-643-0303 or email aali49@telus.net. Please email Amy if you plan to attend.
 9. **Hand Quilting:** Anyone wanting to learn hand quilting or hand appliqué
- Note:** Guild machines are available for use on a first come, first served basis. Sign up is required. Bring a lunch. There is a refrigerator in the guild room for your use. Bottled water is \$1.00. Classes will be cancelled if there isn't enough interest so please ensure you contact the committee lead.



During the pandemic, I've been trying to learn new skills.
PM me if you are wanting to buy a pair.



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Row of the Month Quilt Along

For members and non-members on the Canadian Quilters Association Website.

<https://canadianquilter.com/news/new-row-of-the-month-quilt-along/>

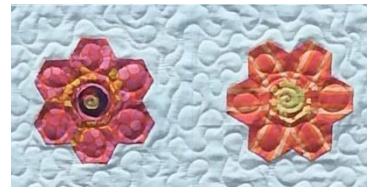
Each pattern is released on the Second Wednesday of the Month, and Row 6 was just released on February 10th.

BE SURE to CHECK the CQA website on Wednesday, March 10 , 2021 for the next Row!

If you are just joining us, here are links to all of the quilt along instructions to date:



- [Introduction and Row 1, Friendship Stars](#)
- [Row 2, Hexie Flowers](#)
- [How to English Paper Piece](#)
- [Hexagon Templates](#)
- [Row 3, Smitten for Mittens](#)
- [Mittens Pattern](#)
- [Row 4 Instructions](#)
- [Tree Templates](#)
- [Row 5 Instructions Flying Geese](#)
- [Row 6 Instructions and the Courthouse Steps Block Foundation Pattern.](#)



Be sure to check on this fun and free quilt along!



Your finished quilt will look like this!

Questions? Please email

Director at Large, [Irene Lafleche](mailto:directoratlarge@canadianquilter.com) (directoratlarge@canadianquilter.com).



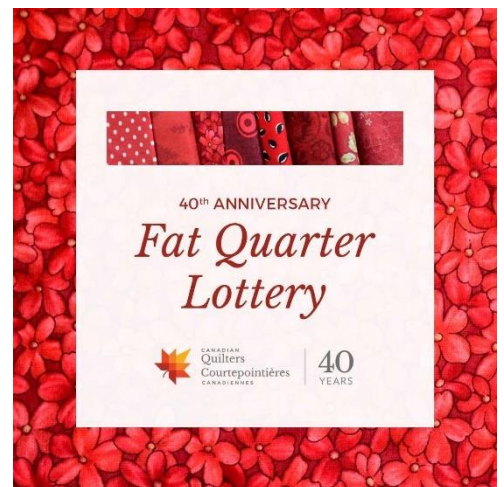
This year we are excited to present A Celebration of Quilting in Canada, a virtual alternative to our annual in-person Quilt Canada conference. What better way to celebrate 40 years than to invite quilters from across the country to join in our online party? So, mark June 16-19, 2021 on your calendar and get ready to celebrate with us!

CQA/ACC Presents a 40th Anniversary Fat Quarter Lottery

CQA/ACC February 14 to March 26

Join us in celebrating the 40th anniversary of the Canadian Quilters Association/ Association Canadienne de la Courtepointe.

Traditionally, the 40th Anniversary is recognized as the Ruby Anniversary so let's have some fun with our RED fat quarters.



Here's how the lottery works:

Starting on February 14, mail in a RED fat quarter to the address below. Every 40 days from this start date, we will tally up the number of entries received and award 8-12 RED fat quarters to the winning entrant(s). The number of winning names will depend on the number of entries received. For example, if as of March 26, we have received 36 entries, we would draw four names and each person would receive 9 fat quarters. Your entry is valid for one draw only with no carry-forward to the next draw. See the chart below for Draw Dates and eligibility. Here are the rules:

- This lottery is open to all CQA/ACC Individual, Professional and Shop members in good standing.
- CQA/ACC Board Members, staff and Contractors are excluded from participating in this lottery.
- Enter as many times as you'd like throughout the Lottery time frame: February 14, 2021 to December 31, 2021. Space out your mailings so that you are in various draws throughout the lottery period or enter numerous times to increase your odds in a given draw.

- The fat quarter entry must be RED or predominately RED; of good quality quilting cotton and preferably of Canadian dimension (21" x 20").
- Enter one fat quarter only per mail-in envelope; check with the Post Office if additional postage is required.
- Be sure to include your name, email address and phone number on a piece of paper inside the envelope with your fat quarter and your return address on the outside of the envelope
- The number of winning names selected will be based on the number of entries received on each draw date. Entries will not be carried over to future draws.
- Winners will receive 8-12 RED fat quarters from those submitted in that entry period.
- Draws will take place on the following days; at 17:00 EST:

DRAW DATE	FROM Entries received:
March 26, 2021	February 14 to March 26
May 5, 2021	March 27 to May 5
June 14, 2021	May 6 to June 14
July 24, 2021	June 15 to July 24
September 2, 2021	July 25 to September 2
October 12, 2021	September 3 to October 12
November 21, 2021	October 13 to November 21
December 31, 2021	November 22 to December 31

- Winners will be notified by e-mail and winner names will be posted on the CQA Website in the Members' Studio.

Mail your RED fat quarter to: Ana Dailey, CQA/ACC Admin. & Website Assistant, 4367 Third Street, Petrolia, ON, N0N 1R0
Any questions can be directed to Irene Lafleche, DirectorAtLarge@canadianquilter.com.



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CQA MYSTERY QUILT CHALLENGE

Incidental Refraction Mystery Quilt

Want to see how other CQA/ACC members are progressing with their quilt? Join our new **CQA/ACC 40th Anniversary Mystery Quilt** Facebook group.

If you are trying to solve this year's mystery, this is where you can share your colour choices, photos, ask questions and share with our community about your "investigation".

Questions? Please email Membership Director,
Linda Lake (membership@canadianquilter.com) and she will be happy to help.

This Mystery Quilt is on the member-only studio on the website. There is still plenty of time to gather your fabric and begin your sleuthing!

MORE NEWS FROM CQA

On March 13, 2021 CQA/ACC will present a Zoom webinar by Ana Buzzalino. Ticket sales will be available to members later in February. Check the member-only studio after February 15 for more information.

Ana's work focuses on Art Quilting, incorporating different elements of surface design: fabric painting, mono-printing, screen printing, hand-dyeing and embroidery techniques. She works mostly with her own artist hand-dyed and designed fabrics.



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In honor of February, Black History Month

Black History Month is about honouring the enormous contributions that Black people have made, and continue to make, in all sectors of society. It is about celebrating resilience, innovation, and determination to work towards a more inclusive and diverse Canada—a Canada in which everyone has every opportunity to flourish.

Stitching Community

Source: Canadian Quilters Association Website

Written by Shannon Prince

African Canadian quilting emerged in the decades preceding Confederation. Enslaved Black women were used for spinning, weaving, sewing and quilting on American plantations. When the first generation of fugitive slave women arrived in Canada – the “land of freedom” – in the 1840s, they brought with them the skills and talents they too would pass down to their children.

The village of North Buxton, near Chatham, ON, is situated in what was once known as the Elgin Settlement, or more commonly, the Buxton Settlement.

The *Busy Bee* is a signature quilt made in 1924 by the Busy Bees Women’s Society with their names in the centre.

Its founding owes much to slavery having been abolished in Canada after 1834, and Chatham serving as a northern terminus for the Underground Railroad before the American Civil War.

The village began in 1849 when Reverend William King and an association with abolitionist principles known as the Elgin Association secured 9000 acres that were made available to fugitive American slaves or to any free Blacks that were looking for opportunities for a better life. This seed community continued to grow and prosper in the years leading up to emancipation in the United States (1865). At its peak, nearly 2000 people lived in and around what was termed the most successful of all the planned settlements for fugitive slaves. Today, the majority of the population of the village consists of descendants of some of its original families. Throughout, there has been a strong sense of community instilled in everyone.



(L) Hand pieced and quilted by Julia Ann Doo, this signature quilt was completed by her great granddaughter, Julia Shreve. Made of cotton and comprised of pieced squares



and triangles, it features blocks with a variety of centres which include the words *Buxton 1884, Julia Doo, Just As You CE Us and I Hope*.

(R) This *Nine Patch* quilt was pieced and quilted by an enslaved Black woman in 1848. Finely stitched cotton quilts were prized possessions made more for display than for warmth. They infused light and beauty into the bedroom and were passed along from one generation to the next.

When Reverend King arrived in 1849, he brought with him 15 former slaves, seven of them women. These women, who left behind a life of slavery, would now embark on a new life in freedom. They would try to grasp and understand its meaning, learn how to be mothers and wives, and know the joys of family and community, all while realizing the sorrows they left behind.

They worked beside the men, not only clearing the land and building homes for their families, but also providing comfort and encouragement that would strengthen and unify the community. With them they brought their artistic abilities, readily visible in the quilts made from scraps and used clothing that kept their families warm. Also within the quilts can be seen some of the unique patterns that were representative of their culture. Observers can almost envision the women of Buxton creating these marvelous colourful coverings and deftly employing such fine detailed stitches that seem almost transparent to the naked eye.

From the 19th century on into the next, the women in the settlement put their abilities to work by organizing clubs for the betterment of the community. Fully realizing the importance of education, religion and family, these dedicated women ran the clubs to nurture, counsel and give guidance to their children.

As one example, the Sunshine Club from the local British Methodist Episcopal Church (now the North Buxton Community Church) established quilting bees. A quilting frame

would be set up and remain in a home until the quilt was finished. Work on a quilt was a gathering time for women to get together to socialize; it usually lasted four hours. This was a time to share news, exchange recipes and provide child-rearing tips – generally offering support for one another.



The *Log Cabin* quilt design appeared in Canada in the late 1860s. Traditionally, at the centre of each block was a red square, believed to represent the hearth, with alternate light and dark strips for the

sunny and shady sides of the house. Another meaning to the strips is happiness (the light side) and sorrow (the dark side), of which life is filled. This one was made by the women in the community for Reverend King. In addition to wool, which was readily available, a variety of materials, from clothing scraps and blankets, came to Canada after the American Civil War. Vibrant pinks and reds in velvets, satins and silks are scattered throughout.

As the quilters met regularly, the stories about the harsh times their ancestors suffered began to flow; they shared how blessed they felt in their new lives. Before too long,

some of these stories were delicately stitched into beautiful masterpieces. The women of North Buxton clearly recognized there was a necessity to preserve their memory of community and personal achievements for the next generation.

Fundraising quilts were often created to help community members who were ill or in financial distress and to help ensure the community's survival. On this *Forget-me-not* signature quilt (1929), the size of each donation is indicated by the size of the signature.



North Buxton has survived into the 21st century, despite all early predictions and indications to the contrary. It has witnessed many magnificent accomplishments through the years, including those of its teachers, postmasters, industry leaders, ministers, farmers and organizations. As we look back down the road where houses once stood, the memories of these people and their times still linger. We can see the footprint they left memorialized in fabric. At the same time, Buxton's next generation is finding its roots, creating family quilts with pictures, beads and pieces of cloth that continue to tell marvelous stories, honoring their past by reflecting on the simpler life and times of bygone days. They have come to realize the importance of preserving the memory and the heritage that is woven within the fabric of this community. The quilting tradition continues, keeping the legacy alive.

It is very interesting to see how quilting was for so many years a part of this community, then faded, and now shines bright again, still telling stories, keeping people connected once more.

Shannon Prince is the Curator of the Buxton National Historic Site & Museum. To learn more about this important part of Canada's history, watch the Underground Railroad Explained video.

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Made by Faye Jarabek



**Sheena Stubbs completed this
sampler mini quilt by Kim Diehl.**

And this



**2020 calendar quilt by
lavender lime.**



Tammy Leduke: Queen Size Finish for January and 2 fidget quilts for a teacher in Quesnel.



Diane Sales: A friend asked me to do a "couple of repairs" on her quilt. Once , I got started, I realized I had opened a big can of worms. The top is almost finished, but then I need to turn it over and replace the quilting! Aaaahhhh! Never again!



Two sides of my table topper

The seagull wood carving that inspired the table centre and my other project for Jan and Feb



Joan Vogt's scrap quilts and baby quilts



From Robin Werbecky

This was the second quilt I made. Completed December 2002, made for my mother-in-law. She passed away from COVID-19 a week before this past Christmas . So I have it back now. But I would rather have her.



Front and back , large size for extended table finally done. Once we can have guests for dinner! Robin





Trudy Hood:
I sent a baby quilt to a former student for her new baby boy.



"Salvages are a 'Hoot'" wall hanging completed

Two postcards were mailed away for a postcard exchange group I'm part of.



Heart entered in scrappy heart contest at Vanderhoof Department store.



Lotsa Llama Love' pattern on Suzy Sitcom site





Linda Kineshanko



The cosmetic bag is for my great granddaughter's 8th birthday and the deer quilt is for our son. Loved making them both.



From Amy Ali

The pillows are on my couch during the month of February, loved searching for the designs, loved embroidering them, and love looking at them during the month - the hearts, paper and embroidered, are on my sewing room window which looks towards Hudson Bay Mt, on this very frosty day - my 'Bubble' and I are spending Valentine Day together sewing, eating, and laughing, the mugrugs are their Valentines. Happy Valentines to all.



**Linda
Greenwood**



Pam Klowak

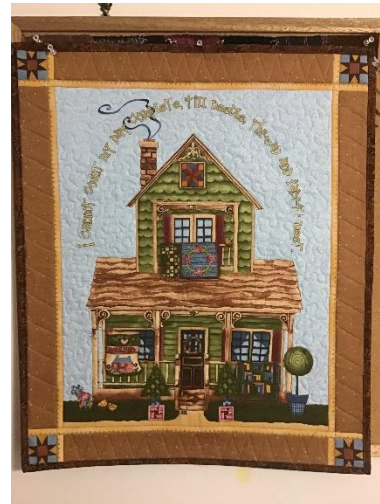
I made a Valentine pillow for one of my sisters.

And I have the top done for a new wall hanging. This a pattern in our January 2019 newsletter



Lorraine Mathison

A finally finished wall hanging that I started in 2019



Barb Friesen

Whole cloth that I designed and quilted. My first attempt and it's small 24x24. Took a zoom class with Jodi Robins on and this is what I learnt.

Placemats for my Dad



**Water quilt I'm making for my nephew and his wife,
of course not quilted yet, lol**



Quilt for my other nephew and his wife, of course not quilted yet, lol

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